



# ANCIENT ORDER OF HIBERNIANS IN AMERICA

INCORPORATED  
Organized in New York City, May 4, 1836

JOSEPH DUELK, JR. DIVISION NO. 1

P. O. Box 337, Monroe (Orange County), New York 10950

Vol. 30 No. 3 Newsletter/Ad Journal

March 2010

Editor — Joseph McMahon - 764-0772



Next Meeting — Friday, March 12 • 7:30 p.m.  
Paddy Naughton Hall, 10 North Main Street, Monroe • (845) 783-0205  
JOSEPH DUELK, JR. — Vietnam Memorial, Washington, D.C.  
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## DIVISION 1 CALENDAR OF EVENTS

Irish Day at the American Legion .....	Sunday, March 7	
Mid-Hudson St. Patrick's Parade .....	Sunday, March 14	
NYC St. Patrick's Day Parade .....	Wednesday, March 17	
Pearl River Parade .....	Sunday, March 21	
Palm Sunday .....	Sunday, March 28	
Traditional Irish Music Seisiún .....	Sundays	1:30 p.m.
Kids Movie Night .....	Third Friday of the Month	
Irish Rebel Song/Karaoke Night .....	Third Friday of the Month	

DIVISION NO. 1 WEBSITE • <http://aohdiv1.org/>

## PRESIDENT'S MESSAGE

Brothers,

It's that time of the year once again; Saint Patrick's Day will be here before we know it. As I said in last month's newsletter we should all try to support as many events as possible. With so many events it is not reasonable to expect to make all but we should try to make as many as we can.

We already kicked off the season with the U2 cover band U2 Nation at the Hall on February 27th. They were great and a fine time was had by those who braved the nasty weather to attend. Hopefully we have seen the last of the white stuff until next year.

Irish Day will be on March 7th at American Legion in Greenwood Lake. The Mid-Hudson Parade will be on March 14th in Goshen with Annie Rabbitt as Grand Marshall and our own Brendan O'Dowd as one of her Aides. For details check the Division 1 web site.

Spots are still available for the bus to the NYC Parade on March 17th. As of

this writing there will be only one bus so anyone interested needs to reserve a seat ASAP. Call or stop by the Hall to ensure a place.

We are hoping to have a special guest on Friday, March 12th at the Hall. Annmarie O'Riordan from County Cork has an available date on her American tour and we are hoping to have her perform on that evening if all goes to plan. Brother Stephen O'Shea is working out the details and if anyone can make something like that happen in such a short time frame it would be Steve. Check out her web site at <http://www.annmarie.ie/> for her background information and some song samples. I will send out updates as things progress.

As a result of the scheduling tightness and the fact that this will occur on our meeting night, we will be holding our meeting at our scheduled time of 7:30 pm sharp. Irish time will not be in effect that evening as we will need to prepare for the show and the Band will need time to set up

for what we hope will be a great night of music from one of the up and coming stars on the Irish music scene. Please plan on a 7:30 pm meeting for March 12th.

On a last note there is still time to get any uniform items for the upcoming parades from Brother Neil O'Riordan but time is obviously running out. Green Jackets are available at the Hall, as well as the appropriate accessories. Black pants and shoes, and white shirts are not. If you do not have these you will not march with the County AOH, no exceptions as always.

Hope to see you all over the next few weeks at the various functions and parades.

Happy Saint  
Patrick's Day.  
Yours in Friendship, Unity and Christian Charity,  
John O'Grady, *President*  
AOH Div. 1, Orange County, NY

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## Irish

### Breakfast

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is always available at the Hall? It can  
also be used for lunch or dinner.

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CHRIS CONTE  
PROPRIETOR

# EMBRACING LIFE

*submitted by Barbara Jennings, President of MyChoice*

It always interests me to find out what people think about life. One thing I have observed is that everyone I speak with is quite happy to be alive. They don't give much thought to the inconvenience their birth may have caused their parents or the fact that they might not be alive today had their mother exercised her "choice" not to have a baby at the "wrong" time.

I have also found that most people do not believe that abortion is a good decision and they certainly would not choose it for themselves but, they are reluctant to take that choice away from others. Something is missing in their thinking. What about the little person growing in the womb? Doesn't he have a choice? Who is going to choose for him?

MyChoice Pregnancy Care Center offers women, and men, the opportunity to spend time in a non-judgmental atmosphere where they can receive confidential medical services and peer counseling to help them make a decision for life. We do everything we can to help them find the resources they will need to choose life for their baby and ultimately for themselves. 63%

of the women considering abortion and receiving these services choose life for their babies. If you are familiar with crisis pregnancy center statistics, that is wonderful news! Working together with other pro-lifers like you, I believe we can increase this rate and the number of women we serve thereby decreasing the abortion rate in Orange County which currently stands at 23.11% or almost 1700 abortions per year.

On Sunday, April 18 between 3 and 5 pm, we will be having our 2nd Annual Fundraising Banquet, Embracing Life, at Anthony's Pier 9 in New Windsor. I hope you will consider attending to show your support for the sanctity of human life in Orange County. Our speakers will be a mother of twelve who used to be a card carrying feminist in favor of abortion and, the other will be an RN who assisted in abortion before becoming a believer. We have a soloist with the voice of an angel. You won't want to miss this wonderful opportunity. Please call 561-3057 for more information.

## Mark Your Calendars



**Sunday, March 7th — Irish Day at the American Legion in Greenwood Lake.** Call Bill O'Donnell for information 917-453-3554.

**Friday, March 12th \*\*\*Special Announcement\*\*\*** Our monthly meeting will begin promptly at 7:30 pm, and there will be a special concert in the hall after the meeting. Please see President's message for details.

**Sunday, March 14th — The Mid Hudson St. Patrick's Parade.** 9 am Mass at Our Lady of Mt. Carmel in Middletown. 10:30 am breakfast at Kuhls. Step Off at 2 pm. After party at the hall at 4 pm.

**Wednesday, March 17th — St. Patrick's Day Parade in NYC.** Orange County AOH marching in the Honor Brigade 8:30 am departure from the Hall.

## SPECIAL REMINDERS

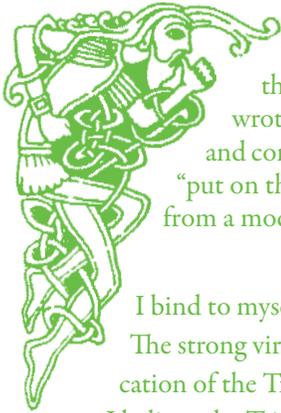
Please remember that we are always accepting food donations at the Hall for the food pantry. And if you would like to volunteer time at Our Father's Kitchen in Monroe, please contact Marty Hogan for more details: [molly55@optonline.net](mailto:molly55@optonline.net)

Attention NEW members — please contact Neil to get your uniform Jacket, Beret, Gloves to join us in marching in the upcoming parades. We need your support. Email [ORiordan\\_Neil](mailto:ORiordan_Neil@yahoo.com) at Yahoo: [ORiordan\\_Neil@yahoo.com](mailto:ORiordan_Neil@yahoo.com)

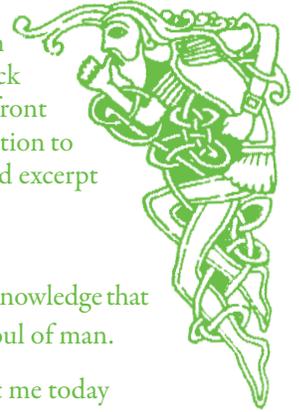
Please let us know how you and your loved ones are doing. Contact Goodwill & Welfare director Bob Burns: [rmburns@gmail.com](mailto:rmburns@gmail.com)

We are in need of a division Historian who is willing to give a brief history lesson once a month; also a brief history report for the monthly newsletter. Contact John O'Grady if you are interested.

We would like to continue Rebel Night / Kids Movie Night on the 3rd Friday of each month. Contact: [Brendan ODowd.knockawn@yahoo.com](mailto:BrendanODowd.knockawn@yahoo.com)



St. Patrick's Breastplate is contained in the ancient Book of Armagh, from the early ninth century; along with St. Patrick's authentic "Confessions". St. Patrick wrote this prayer to strengthen himself with God's protection as he prepared to confront and convert Loegaire, the Ard Ri of Eire. One website compares it to St. Paul's exhortation to "put on the whole armor of God" in his epistle to the Ephesians. Here is an unformatted excerpt from a modified version found on the internet:



I bind to myself today  
The strong virtue of the Invo-  
cation of the Trinity:  
I believe the Trinity in the Uni-  
ty  
The Creator of the Universe.

I bind to myself today  
The virtue of the Incarnation of  
Christ with His Baptism,  
The virtue of His crucifixion  
with His burial,  
The virtue of His Resurrection  
with His Ascension,  
The virtue of His coming on the  
Judgement Day.

I bind to myself today  
The virtue of the love of sera-  
phim,  
In the obedience of angels,

In the hope of resurrection unto reward,  
In prayers of Patriarchs,  
In predictions of Prophets,  
In preaching of Apostles,  
In faith of Confessors,  
In purity of holy Virgins,  
In deeds of righteous men.

I bind to myself today  
The power of Heaven,  
The light of the sun,  
The brightness of the moon,  
The splendour of fire,  
The flashing of lightning,

The swiftness of wind,  
The depth of sea,  
The stability of earth,  
The compactness of rocks.

I bind to myself today  
God's Power to guide me,  
God's Might to uphold me,  
God's Wisdom to teach me,  
God's Eye to watch over me,  
God's Ear to hear me,  
God's Word to give me speech,  
God's Hand to guide me,  
God's Way to lie before me,  
God's Shield to shelter me,  
God's Host to secure me,  
Against the snares of demons,  
Against the seductions of vices,  
Against the lusts of nature,  
Against everyone who meditates injury  
to me,  
Whether far or near,  
Whether few or with many.

I invoke today all these virtues  
Against every hostile merciless power  
Which may assail my body and my soul,  
Against the incantations of false proph-  
ets,  
Against the black laws of heathenism,  
Against the false laws of heresy,  
Against the deceits of idolatry,  
Against the spells of women, and smiths,  
and druids,

Against every knowledge that  
binds the soul of man.

Christ, protect me today  
Against every poison, against  
burning,  
Against drowning, against death-  
wound,  
That I may receive abundant  
reward.

Christ with me, Christ before  
me,  
Christ behind me, Christ within  
me,  
Christ beneath me, Christ above  
me,  
Christ at my right, Christ at  
my left,  
Christ in the fort,  
Christ in the chariot seat,  
Christ in the poop [deck],  
Christ in the heart of everyone who thinks  
of me,  
Christ in the mouth of everyone who  
speaks to me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.

I bind to myself today  
The strong virtue of an invocation of the  
Trinity,  
I believe the Trinity in the Unity  
The Creator of the Universe.



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